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Fifth Edition, Revised and Expanded

Enriching the Hoosier Farm Family
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CREATING MOMENTS OF JOY
ALONG THE ALZHEIMER’S JOURNEY
A Guide for Families and Caregivers
Fifth Edition, Revised and Expanded

Jolene Brackey

This new edition of Creating Moments of Joy is filled with practical advice sprinkled with hope, encouragement, new stories, and generous helpings of humor. In this volume, Brackey reveals that our greatest teacher is having cared for and loved someone with Alzheimer’s and that often what we have most to learn about is ourselves.

REVIEWS

"Jolene Brackey offers caregivers and families one practical suggestion after another, including ways to use ‘the important details of a person’s history, passions, and interests’ to empower loved ones to overcome daily struggles.”
— ANN KAISER STEARNS, PhD, best-selling author of Living Through Personal Crisis (2010)

"Alzheimer’s disease wraps its tendrils around all those within the range of love of the person living with the disease. Jolene Brackey’s Creating Moments of Joy shows us how dear healing moments can be experienced by all who are within the grasp of the disease.”
— PAUL RAIA, PhD, retired vice president of clinical services, Alzheimer’s Association Massachusetts/New Hampshire

“I have been working with older adults with dementia for over twenty-five years. Jolene brings a perspective that crosses both years and bridges. Whether the caregivers are family or professional, young or ‘vintage,’ rookie or seasoned, she understands the struggles and creates a language to communicate with them all.”
— DEBORAH RICHMAN, BS, ACC, vice president of education and outreach, Alzheimer’s Association Minnesota/North Dakota

“Jolene shows us how to lighten up and even find humor in the most highly charged situations.”
— KAREN AND KIM, co-founders of In Care of Dad

“This book is key for anyone looking to transform a hardship into a life-affirming experience for both the care recipient and the caregiver, ultimately making you a more effective caregiver as well as a happy one!”
— CARLYNE FOURNIER, producer of the short film Remember When

KEY POINTS

- Creating Moments of Joy offers practical advice for creating moments of joy for a person with Alzheimer’s disease or dementia on a daily basis.
- This book breaks down the learning process into six sections and then breaks those sections down into smaller, easy-to-follow steps.
- At the end of each step is a place to journal thoughts, ideas, solutions, and treasures for creating more moments of joy.
Unlike other American astronauts, Virgil I. "Gus" Grissom never had the chance to publish his memoirs—save for an account of his role in the Gemini program—before the tragic launch pad fire on January 27, 1967, which took his life and those of Edward White and Roger Chaffee. The international prestige of winning the Moon Race cannot be understated, and Grissom played a pivotal and enduring role in securing that legacy for the United States. Indeed, Grissom was first and foremost a Cold Warrior, a member of the first group of Mercury astronauts whose goal it was to beat the Soviet Union to the moon. Drawing on extensive interviews with fellow astronauts, NASA engineers, family members, and friends of Gus Grissom, George Leopold delivers a comprehensive survey of Grissom's life that places his career in the context of the Cold War and the history of human spaceflight. Calculated Risk: The Supersonic Life and Times of Gus Grissom adds significantly to our understanding of that tumultuous period in American history.

**REVIEWS**

"George Leopold's Calculated Risk: The Supersonic Life and Times of Gus Grissom rescues its subject's reputation by presenting his life and career in full. The book is fascinating and haunting, and its impressive research exonerates Grissom from the charge of being a hapless astronaut who, in his peers' parlance, 'screwed the pooch'. . . thrillingly told, taking readers into the cosmos with Grissom, conveying the sense of wonder and danger that accompanied these early voyages."
— The Wall Street Journal

"On July 21, 1961, in the middle of a family vacation, my parents stopped to let me watch Gus Grissom's historic fifteen-minute mission in Liberty Bell 7, the second manned Project Mercury flight. At thirteen, I was already very excited about space exploration. I could only imagine that someday I might follow in the footsteps of my hero who was born at the opposite end of the state from my northern Indiana home. Gus Grissom came from a rural, hardworking background just like me, and my later path mirrored his as I earned mechanical engineering degrees from Purdue University and went on to fly with the US Air Force and then NASA. We both pursued bold dreams. Through grit and determination, Grissom rose from the pastoral Midwest to achieve those dreams, his life ending tragically while Gus was still in his prime."
— JERRY ROSS, astronaut, author of Spacewalker: My Journey in Space and Faith as NASA's Record-Setting Frequent Flyer

"Calculated Risk fills an important space history gap. Most books covering the Apollo 1 fire—a turning point in the Cold War and the Space Race in many ways—get a lot of detail wrong. This book is one of the best ever written on it in terms of accuracy."
— FRANCIS FRENCH, director of education, San Diego Air & Space Museum

"Calculated Risk" by George Leopold is a veteran technology journalist and science writer who has covered the nexus between technology and policy for over thirty years. Leopold has written extensively about U.S. manned spaceflight, including the Apollo and space shuttle programs. His work has appeared in the New York Times, the New Scientist, and a variety of other science and technology publications. He resides in Reston, Virginia.

**KEY POINTS**

- The Gus Grissom biography will coincide with the fiftieth anniversary of the Apollo 1 fire in which Grissom and his crew were killed on January 27, 1967.
- The biography of the second American in space and the first to fly twice in space coincides with the Indiana bicentennial. Grissom was the first of a long line of Hoosier astronauts.
- This book challenges the prevailing view of Grissom as a “hard luck” or the “lost astronaut.” The author posits that Grissom knew precisely where he was going and how he calculated the risks at each turn.
From the age of ten, looking up at the stars, Jerry Ross knew that he wanted to journey into space. This autobiography tells the story of how he came not only to achieve that goal, but to become one of the most-launched astronauts in history, as well as a NASA veteran whose career spanned the entire US Space Shuttle program. From his childhood in rural Indiana, through education at Purdue University, and a career in the US Air Force, Ross charted a path to NASA after overcoming many setbacks—from failing to qualify for Air Force pilot training because of “bad” eyesight, to an initial failure to be selected into the astronaut program.

The majority of the book is an insider’s account of the US Space Shuttle program, including the unforgettable experience of launch, the delights of weightless living, and the challenges of constructing the International Space Station. Ross is a uniquely qualified narrator. During seven spaceflights, he spent 1,393 hours in space, including 58 hours and 18 minutes on nine space walks. Life on the ground is also described, including the devastating experiences of the Challenger and Columbia disasters.

For readers who have followed the space program from Mercury through the International Space Station and wonder what comes next, this book provides fascination; for young people interested in space exploration and reaching for their dreams, whatever they might be, this book provides inspiration. Full of stories of spaceflight that few humans have ever experienced, told with humor and honesty, Spacewalker presents a unique perspective on the hard work, determination, and faith necessary to travel beyond this world.

“As an astronaut for over three decades, one who participated in some of the most challenging and exciting Shuttle missions, Jerry Ross knows spaceflight. In Spacewalker, he details the exultation of actually being in space and brings to life the realities of preparing for and executing one of the most difficult of all human endeavors. Spacewalker is the book for anyone who ever dreamed of flying in space.”
—NEIL ARMSTRONG, Commander of Apollo 11 (June 2012)
Imagine Indiana’s farms at the turn of the last century. What comes from the land sustains us. Our farms and families depend on it. Having a good or bad year can mean the difference between prosperity and your family going hungry. Farmers knew how to provide. Throughout the 1800s, parents had passed their best knowledge on to their sons and daughters, who in turn taught their children tried-and-true methods for managing a farm—methods that provided consistency in a world of droughts, disease, and fluctuating markets. Before they abandoned a hundred years of proven practices or adopted new technology, they would have to be convinced that it was in their best interest.
Enter county extension agents. Indiana county extension agents took up their posts in 1912 at a crucial juncture in the advancement of agriculture. The systematic introduction of hybrid seed corn, tractors, lime, certified seed, cow-testing associations, farm bureaus, commercial fertilizers, balanced livestock diets, soybeans, and 4-H clubs were all yet to come. Many of the most significant agricultural innovations of the 1900s, which are commonplace today, were still being developed in the laboratories and experimental fields of land-grant colleges like Purdue University.

Compiled from original county agent records discovered in Purdue University Libraries Virginia Kelly Karnes Archives and Special Collections Research Center, *Enriching Hoosier Farms and Families* includes hundreds of rare, never-before-published photographs and anecdotal information about how county agents overcame their constituents’ reluctance to change. They visited farmers on their farms, day after day, year after year. They got to know them personally. They built trust in communities and little by little were able to share new information. Gradually, their practical applications of new methodologies for solving old problems and for managing and increasing productivity introduced farmers and their families to exciting new frontiers of agriculture.

**KEY POINTS**

- This book discusses changes in farming, the rural home, and 4-H as seen by the men and women who were leading change across rural Indiana.
- Rich captions teach the reader the history in rare photos.
- Captures the story of the county agent through exceptional archival photographs arranged by season, comprising original, never-before-published material.

**FREDERICK WHITFORD** works for the Purdue Cooperative Extension Service in the College of Agriculture. He received a BS in wildlife management from Louisiana Tech University and an MS and PhD in entomology from Iowa State University. He has authored more than 250 research, extension, and regulatory publications, and has delivered at least 4,000 presentations to a wide array of audiences. He has written several other books about the history of Indiana agriculture, all published by Purdue University Press.

**NEAL HARMeyer** is an archivist at Purdue University Archives and Special Collections. Harmeyer grew up on a multigenerational family farm in northeastern Fayette County, Indiana, where he helped raise animals. He earned a BA degree in history from Purdue and an MLS degree from Indiana University.

**DAVID M. HOVDE**, the research and instruction librarian in the Virginia Kelly Karnes Archives and Special Collections Research Center, is an associate professor of library science and has been at Purdue University since 1989. He has authored or coauthored numerous monographs, books, book chapters, and articles in archaeology, history, semiotics, and pedagogy.
A Place Called Turkey Run
A Celebration of Indiana’s Second State Park in Photographs and Words

Daniel P. Shepardson

Foreword by Daniel W. Bortner, Director, Indiana State Parks

Bicentennial Legacy Project

Turkey Run became Indiana’s second state park in 1916. Within its boundaries lie some of the more rugged and stunning landscapes to be found in Indiana. Its sandstone bluffs and canyons, created by centuries of melting glaciers and running water, are filled with unique landforms and beautiful landscapes supporting a wide array of plant and animal life. *A Place Called Turkey Run* captures the majesty and mystique of the park in text and hundreds of full-color images. The work is organized into six distinct photo essays on the park’s beauty: sandstone; bluffs and canyons; flowing water; snow and ice; tall trees; and flowers, ferns, and fungi. This book is published to honor the natural heritage of the land it describes, in celebration of Turkey Run’s hundredth anniversary as an Indiana State Park.
FROM THE FOREWORD

“Turkey Run is one of the Hoosier state’s most treasured natural areas. The uniqueness found in the flora and fauna of this special place bring tranquility to the spirit. . . . Daniel Shepardson has created a masterpiece of stunning photography coupled with a narrative which explains the natural history of one of Indiana’s most beloved parks.”

SAMPLE IMAGES FROM BOOK

KEY POINTS

- *A Place Called Turkey Run* includes stunning photographs of nature paired with descriptive text of the natural history of this beloved state park.
- The book focuses on six unique aspects of Turkey Run: sandstone; bluffs and canyons; flowing water; snow and ice; tall trees; and flowers, ferns, and fungi.
- It is presented as a legacy to Turkey Run and as an inspiration to readers to both explore and learn about the park.

Shepardson has also created *Photographing Turkey Run: A Guide to Nature Photography*, a how-to guide providing tips and techniques that he followed while photographing the natural beauty of Turkey Run State Park and working with the digital photos afterwards. This guide is available in print and also as a free download from Purdue University Press. Visit press.purdue.edu to learn more.
SLOW BALL CARTOONIST
The Extraordinary Life of Indiana Native and Pulitzer Prize Winner John T. McCutcheon of the Chicago Tribune

Tony Garel-Frantzen

Bicentennial Legacy Project

Slow Ball Cartoonist takes readers on a journey to an earlier era in America when cartoonists played a pivotal role each day in enabling major daily newspapers to touch the lives of their readers. No American cartoonist was more influential than the Chicago Tribune’s John T. McCutcheon—the plainspoken Indiana native and Purdue University graduate whose charming and delightful cartoons graced the pages of the newspaper from 1903 until his retirement in 1946.

This book chronicles McCutcheon’s adventure-filled life, from his birth on a rural small farm near Lafayette in 1870, to his rise as the “Dean of American Cartoonists.” His famous cartoon, Injun Summer, originally published in 1907, was a celebration of autumn through childlike imagination and made an annual appearance in the Tribune each fall for decades. McCutcheon was the first Tribune staff member to earn the coveted Pulitzer Prize for his poignant 1931 cartoon about a victim of bank failure at the height of the Great Depression. Born with an itch for adventure, McCutcheon served as a World War I correspondent, combat artist, occasional feature writer, portrait artist, and world traveler.

While the gangly and tall McCutcheon looked the part of the down-home characters featured in his cartoons, the world-wise flavor of his work influenced public opinion while making readers smile. Hard-hitting and even vicious attacks on public figures were common among his contemporaries; however, McCutcheon’s gentle humor provided a change in pace, thus prompting a colleague to borrow a phrase from baseball and anoint him “the slow ball cartoonist.”

Slow Ball Cartoonist is a timeless story about a humble man who made the most of his talents and lived life to the fullest, being respectful and fair to all—including the targets of his cartoonist’s pen.

Tony Garel-Frantzen sketches a vivid portrait of iconic cartoonist and correspondent John T. McCutcheon during a time when newsprint left an indelible mark on the public consciousness. A lively global adventure trek as much as a compelling biography, Slow Ball Cartoonist validates McCutcheon’s spirited belief that “it doesn’t matter where one is, it’s wholly a matter of what one does while there that makes life interesting.” Set against the dramatic backdrop of American politics, world battles, and historic news events, McCutcheon’s life story is propelled by the close calls and unpredictable cliffhangers of international travel via all modes of transport—from steamship voyage and safari caravan to transatlantic flight by zeppelin. While McCutcheon penned most of his prized work in black and white, Slow Ball Cartoonist artfully shows and tells why his was a colorful life. — TOM WOLFERMAN, Chicago Essayist and Humorist

Pb, 978-1-55753-730-0 • E-book available
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TONY GAREL-FRANTZEN graduated from DePaul University in Chicago and worked as an award-winning newspaper reporter and editorial cartoonist before embarking on a long and successful career as a public relations consultant and corporate communications executive for Fortune 500 companies. During his corporate communications career, he regularly contributed his own cartoons to support communication projects. Slow Ball Cartoonist is his first book. He and his wife have three grown children and live in a northwest Chicago suburb with three dogs.

KEY POINTS

- Little other material exists in print today about John T. McCutcheon.
- Slow Ball Cartoonist fills a void about the man’s life and accomplishments.
- It is an easy read presented in chronological order, designed to attract the widest possible audience.
Like pearls threaded one-by-one to form a necklace, five women successively nurtured students on the Purdue University campus in America's heartland from the 1930s to the 1990s. Individually, each became a legendary dean of women or dean of students. Collectively, they wove a sisterhood of mutual support in their common—sometimes thwarted—pursuit of shared human rights and equality.

Dorothy C. Stratton, Helen B. Schleman, M. Beverley Stone, Barbara I. Cook, and Betty M. Nelson opened new avenues for women and became conduits for change, fostering opportunities for all people. They were loved by students and revered by colleagues. The women also were respected throughout the United States as founding leaders of the Coast Guard Women's Reserve (SPARs), frontrunners in the National Association of Women Deans and Counselors, and as pivotal members of presidential committees in the Kennedy and Nixon administrations.

While it is focused on changing attitudes on one college campus, The Deans' Bible sheds light on cultural change in America as a whole, exploring how each of the deans participated nationally in the quest for equality. The story rolls through the “picture-perfect,” suppressive 1950s, the awakening 1960s, women's liberation, Title IX, 1980s AIDS and alcohol epidemics, the changing mores for the disabled, and ends in the twenty-first century.

As each woman succeeded the other, forming a five-dean friendship, they knitted their bond with a secret symbol—a Bible. Originally possessed by Purdue’s first part-time Dean of Women Carolyn Shoemaker, the Bible was handed down from dean to dean with favorite passages marked. The lowercased word “bible” is often used in connection with reference works or “guidebooks.” The Deans' Bible serves as a guidebook, brimming with stories of courageous women who led by example and lived their convictions.

“Anyone who treasured his or her college experience will find this book compelling and captivating. Through the eyes of its five featured pioneers, the author gives us a moving and memorable sense of the sights, sounds, and passions of life on American college campuses from the 1930s to the present.”
—TOM RUDIN, senior vice president, the College Board, Washington, DC

KEY POINTS

- A fascinating biography exploring the interwoven lives of five legendary Purdue leaders and their connection through one extraordinary artifact.
- An inspiring tale of courageous women who strove for equality on behalf of others and themselves—filled with poignant and humorous tales and observations.
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